

KNIGHTS OF COLUMBUS

Bishop William R. Johnson Council #9487 Santiago de Compostela Catholic Church Lake Forest CA 92630



The Epiphany of our Dord Newsletter JANUARY 2024

Knights of Columbus 9487 - January 2024 - www.kofc9487.com

PAGE NO. I

Grand Knight's Report

Brothers,

I hope everyone survived the holiday season, because the next six months are filled with lots of fun activities and events!!

But I do want to cover our main event in December – the selling of poinsettias. There are so many people to thank, but first I want to recognize both Past Grand Knight John Teeter and Brother Chris Hudnall for coming up with this new fundraising idea last year.



Dave & Martie Atkins

This year our initial costs were \$2860, but we brought in a total of \$5235, giving us a profit of \$2375!! Just incredible. And to all the Brother Knights, especially Brother Ricardo, who hustled after each Mass helping sell them. It was truly a team event. And these new revenue streams are fantastic and yet so critical to our Council's goals of supporting so many charitable causes throughout the year.

I am also very excited about our first event of this new year – selling breakfast burritos after the morning Masses on January 14th. If this works out well, and I am sure it will, this can be another source of revenue for our Council. Our plan is to take one of our monthly donut sales dates and swap it out for burritos once a quarter. But what I am most excited about is that Brother Ryan Moussavi has stepped up to form his own "crew" to support these efforts. When I was Deputy Grand Knight last year, Grand Knight John Teeter and I talked about the challenge of finding new young leaders to plan and execute events like this moving forward. Some of us, including me 🛛, are getting "long in the tooth" and need others to step up like Brother Ryan and lead the way. It's going to be an exciting next six months!!

Here are some upcoming events to look forward to:

- ID Drive Collection Saturday/Sunday, February 3-4th
- Car Wash Saturday, February 17th
- St. Patrick's Day Dinner Saturday, March 16th
- Annual Knights Golf Tourney yes, we still plan to have this before April!!

See you Wednesday, January 3rd at our next General Meeting.

JANUARY - CALENDAR OF EVENTS

JAN2024

KorC

	01 New Year's Day	02	03 General Mtg Room A 7:20pm Start	04	05 First Friday Adoration	06 Epiphany
07	08 Recycle Lake Forest Park 7:30 AM	09	10	11	12	13
14 Breakfast Burritos	15 Recycle Lake Forest Park 7:30 AM	16	17 Officers Meeting 7pm – Location OLP Room	18	19	20
21	22 Recycle Lake Forest Park 7:30 AM	23	24	25	26	27
28	29 Recycle Lake Forest Park 7:30 AM	30	31			

DECEMBER GALLERY



Morning Recyclers Christmas Breakfast



Operation Shoebox



Operation Shoebox Collection

FAMILY OF THE MONTH - GOLDA & JAMES KATTAPURAM

by: Ricardo Teano, Retention Committee

Do you know that this family should have been Family of the Month many times over? You be the judge.

James has been a knight for 26 years. He joined the KofC in Placentia because he was looking for ways to support the church. He took a break after his son was born in 2000 and rejoined in 2018, here at council 9487, after his son graduated high school. (Thank you Ricardo for pulling me back in). He is now a 4th degree knight.

James and Golda are both cradle Catholics and have been parishioners of Santiago de Compostela for the last 19 years.

Golda and James moved to Portola Hills in 2005 and have been parishioners ever since. They have two children, Joel who is 23 and Aingela who is 21. Both Joel and Aingela served as altar servers at every Sunday 7AM Mass since 4th grade, untill they graduated from high school. Aingela's first college year was done remotely during pandemic, so she continued as an altar server at the outdoor Mass in the pavilion. She was also a confirmation youth leader and a retreat leader. Aingela is now a senior at UCLA and is pursuing a degree in Computational Systems and Biology. Joel, is an eagle scout from Troop 604. His eagle project was here in the church converting the landscape irrigation in front of the rectory to a drip system. He graduated as a valedictorian from El Toro high school. In 2022, he graduated from UC Berkeley with a degree in Electrical Engineering and Computer Science and now works as a software engineer at Google.



Golda, Aingela, James & Joel Kattapuram

James was an assistant scoutmaster at Troop 604 here at the church. He currently serves as a lector at Mass; usually 7:00 AM. James was one of the leaders of the 3rd Mens Welcome Retreat. He currently works as a R&D Director of Software Development at AVEVA. He attends the council meeting regularly and sometimes together with Joel. Golda volunteers at many ministries at the church. She is an extraordinary Eucharistic minister and is one of the bereavement ministry leaders who helps and organizes funeral services here at the church. She is a treasurer of St. Vincent de Paul. St Vincent de Paul is very active aiding the homeless and people who are in need in the local community. She also volunteers at VITA (Volunteer Income Tax Assistance) here at the church as a tax preparer to assist with filing taxes for the local community. Golda is also a pastoral council member. She works as a Software Development manager at ServicePower.

James is very appreciative of all the love and support of this vibrant council. They are very thankful for the friendship they have found in the community. He stated that the Knights of Columbus is a great organization focused on giving back to the community and especially the church. James is thankful for the warmth and friendship he shares with his brother knights. Examples are Dave Stokes, Ricardo Teano especially for their boundless welcoming and energy, Dave Atkins, John Ojeda and brothers of the Welcome 3 retreat team (Angel Garcia, Danny Reyes, Jun Balba, Paul Tovar, Ken Willard). They have grown to know many knights and are so very grateful for that.

Our utmost congratulation to the Kattapurams for their enormous contributions and as real family model of Christian Stewardship.

You be the judge!

FATHER MICHAEL J. McGIVNEY GUILD

Promote Blessed Michael McGivney's cause for canonization by joining the Father Michael J. McGivney Guild. Established in 1997 after the cause was formally opened, the guild spreads devotion to the founder of the Knights of Columbus, receives and reports favors received through his intercession, and preserves and distributes relics of this blessed servant of God.

Membership in the guild is free and open to anyone who is devoted to Father McGivney. Members receive a quarterly newsletter about his life and spirituality and can request a prayer card with a thirdclass relic. They are also remembered in a weekly Mass offered for their intentions. Most importantly, the Guild plays an active role in the cause by praying for Father McGivney to be canonized a saint. The Guild encourages people to recite regularly the prayer for canonization and to report any favors received.

To learn more about the Father Michael J. McGivney Guild and how you can spread devotion to this model parish priest, visit <u>www.fathermcgivney.org</u>. – *Columbia Magazine Nov 2020*



by: Ricardo Teano, Retention Committee

Do you know that we were almost called Sons of Columbus rather than Knights of Columbus?

To find out may I invite everyone to watch the Life of our Founder Blessed Fr. Michael McGivney on TV. It is a movie that is available on **free TUBI Internet channel**. The title is Padre Michael McGivney. It is so available on tv and no reason for a knight not to watch it. This 56-minute biography which is rated TV-G is well documented and a stirring testimony of our soon to be a saint founder. He will be the very first U.S. born priest saint. I pray he will become a saint in my lifetime.

FATHER MCGIVNEY PRAYER

Father McGivney – may the example of your life Serve to guide us in our mission and our individual roles as Knights of Columbus.

May we always be faithful Catholics and followers of your vision. In doing so, help us to deepen our roles as leaders in our parish and in our community.

May we be always supportive of our clergy and responsible in building our Order. Help us to be ever effective in conceiving and carrying out our activities in the church and in the world.

Blessed Father McGivney, pray for us.

Amen

COUNCIL 9487 SUPPORTS YOUTH ALTAR SERVERS

By: Mark Angel

I am proud to report that our council continues to practice our principle of charity. In this particular case, our parish youth Altar Servers were each given a gift certificate to Handel's Ice Cream Parlor in appreciation for their participation in the Altar Server ministry.

The youth altar servers regularly serve at the Monday through Friday 6:00 AM Mass, starting their day between 5 AM and 5:30 AM. These Altar servers do their part in making the 6:00 AM mass a meaningful, relevant, and reverent service. These youthful parishioners are also altar servers at the Saturday 8AM Mass and all of the Sunday Masses. There are 54 youth altar servers currently participating in this ministry.

Any parish member who has received their first communion and is 8 to 18 years of age may participate. They take part in a training session given by Deacon Dan and assisted by Jairo Moran and myself. After their training is complete, they are put in a rotating schedule. It takes a great deal of dedication on the part of these altar servers to participate in this ministry, and we, the members of Council 9487, are doing a good act of kindness in offering the gift certificates to these altar servers.



COUNCIL 9487 WEBSITE INFORMATION

By: Ken Breneman, PGK

Did you know Bishop Johnson Council 9487 has its own website? You can find it at www.kofc9487. com. With useful information and tools, the site is a great resource to help you make the most of your council membership. Let's take a brief tour of the site's major areas which you can access using the tabs on the left.

Officers

The current officers and how to contact them.

Membership

Information for anyone thinking of joining the Knights.

Upcoming Events

The council's online calendar. This calendar is updated throughout the month, and you can flip ahead to future months to see what's coming. If you use Google Calendar or a compatible app, you can copy events to your calendar or add the entire calendar so you can toggle between the council calendar, your calendar, or see both together. Never miss a Knights event!

Newsletters

Subscribe to the council mailing list by completing the form on this page. Subscribers are sent the newsletter each month along with prayer requests, meeting and event reminders, and other important news. Anyone can join the mailing list, not just members. Your address is used solely for sending you council related E-mail, and you can unsubscribe at any time.

Keep in mind the council has only one mailing list, and you are either subscribed to it or not. Let's say you receive an E-mail about a pancake breakfast, and you don't like pancakes. In a fit of anti-pancake rage, you click unsubscribe. Although it is true you will no longer receive pancake related E-mails, you will also not receive newsletters, prayer requests, nor anything else! Again, there is only one mailing list, and you are either on it or not. To re-subscribe, return to the Newsletters page, and complete the form again.

Below the subscription form is an archive of past newsletters. The archive is incomplete. If you are a long-time member and have newsletters not currently included, let's get them added!

Documents

A repository of important files including Standard Operating Procedures and the current By-Laws.

Past Grand Knights

All the council's Past Grand Knights.

Past Honorees

A partial list of monthly and annual award recipients. These lists were compiled by combing through old newsletters and meeting minutes. Please bring up additions or corrections.

The website is maintained and updated each month by Brother Joe LaRosa, a very active member of 9487 before he transferred a few years ago to help form Saint John Paul II Council 16488 in RSM. Despite not being a member of our council anymore, Brother LaRosa generously continues to be our Webmaster.

Thank you, Brother Joe!

KNIGHT TO KNIGHT

by: Dick Petrash PGK

Dear Brother Knights;

Today I found myself needing a plumber. Do I follow advertisements on TV who proclaim they smell good? Do I call some friends to get recommendations for plumbers who worked for them? Do I look on the internet for help?

Our council has over 300 members. I'm sure there must be a plumber within our ranks. What if I need an electrician, a tutor for my kids or a caretaker for my dad?

I have spoken to our council officers and have permission to start a new program within our council for our members. This program is where members can list their business and the list will be available



PGK Dick Petrash

through a link on our council website. We'll call it Knight to Knight. All you need to do is contact me, Dick Petrash at *dick4276@gmail.com* and furnish your business, your phone number and specialty. The list will look like this:

Plumber:	John Doe,	555-2323
Electrician:	Phil Smith,	949-555-1212
Dentist:	Thomas Charlie,	949-444-5555

I encourage you to submit your business or special service to me so I can begin the listing for our website. Any business that does not violate the bylaws of our Order will qualify. (No insurance agents unless you are home and auto only)

Thanks for your help to make this program a reality. What better way to work brother to brother. By the way, I found a plumber and he is a fellow Knight.

KNIGHT TO KNIGHT - INFORMATION REQUEST

Our new resource for finding brothers who provide services for your home or business is still in formation. So far I have only received three listings for services. One for plumbing, one for handyman services and one for home care.

If this program is going to be a great resource for brothers looking for help it needs your input. *If you have a business or a service you would like to offer our brothers,* please send me the type of business or service (electrician, plumber, dry wall or other business) - together with your information, and we will offer these listings on our website.

Thanks Dick Petrash

dick5276@gmail.com

QR CODE FOR NEW MEMBER ONLINE SIGNUPS

Use the QR Code shown here to join the Knights of Columbus online...free of charge for the first year.

To sign up online follow the steps outlined below

1. Scan the QR code by using your iphone camera. You will be taken to the online sign up form.

2. Use promo code **BLESSEDMCGIVNEY** to join free for one year.

- 3. Complete your personal information.
- 4. The answer to the Agent Referral code is **myubeta**.
- 5. The answer to the Preferred Local Council is 9487.
- 6. The answer to the Member Referral Number is **04175085**.

7. For any problem please call Ricardo Teano at 949-632 1961 or email *ricardo8199@att.net*



SANTIAGO de COMPOSTELA ASSEMBLY #2305

by: Ricardo Teano

Sir Knights, May the many blessings of Christmas bring you Hope, Peace, and Happiness. This is an announcement to all Fourth Degree Knights. Let's all welcome the newly exemplified Knights to our assembly! Thank you for stepping up, and I hope to see everyone at the monthly meetings, which are on every second Thursday of the month.

In place of the next meeting on January 11, we will have a Past Faithful Navigator Dinner to Honor our PFN's SR. Edward Matthews SR. Richard Chiarilli.

Date: January 11, 2024

Location: Downstairs Hall at St. Killian Church

Time: Arrive:6:00-7:00 PM

Attire: KofC \$th Degree Uniform, Suit or Sport Coat

Cost: \$15.00 for SK and \$15.00 for guest

Diner will include: Marinated Grilled Chicken cut into Strips, tomato sauce & and Melted Cheese on top. Corn/Flour Tortillas, Black Beans, Spanish Rice, Salsa Bar: Tortilla Chips, Salsas, Onion & cilantro.

RSVP for the Past Faithful Navigator Dinner by January 8, 2024, to laszlo.kofc@gmail.com

Make checks payable to KofC Assembly 2305.

Payment can be sent to Laszlo Hegedus 33391 Sea Bright Dr. Dana Point, CA. 92629

If you RSVP by 1/8/2024, You can bring the check on the date of the event





Are you thriving or just surviving?

We all have an insatiable desire for happiness. We all want to feel like we belong. And we all want to find friends who will walk with us through life's challenges.

Join us for our upcoming Men's Welcome Weekend. It's an incredible weekend experience hosted by our parish that will inspire you to:

- Find clarity and purpose in your life
- Form meaningful relationships

Approach your life with renewed energy and a fresh perspective

WHEN: March 9 – 10, 2024 @ 7:00 AM

WHERE: Santiago de Compostela Parish Hall

CONTACT: Kiet Wu (714)785-6894 email: KietWuLvn@gmail.com Ryan Mousavi (323)285-1795

Registration is now open. Hurry while spaces are available. Don't miss out on this great opportunity. To Register scan the QR code below.



It's amazing how just one yes can change your life. We hope to see you there!

Your Welcome Team

DECEMBER GENERAL BUSINESS MEETING MINUTES

By: Danny Reyes - Recorder

November Minutes Discussed and Approved. To be transmitted to all members via email and published in the December Newsletter.

Faithful Navigator Hegedes Laszlo message:

Reminder 4th Degree Members are invited to monthly meetings on the 2nd Thursday of the month at St. Killian's.

Wreaths Across America – Council opportunity to purchase wreaths or bus ticket to deliver wreaths to Miramar National Military Cemetery for a donation and spiritual giving to our remembered lost soldiers.

Grand Knights Report.

November 5th – Mass of Remembrance at the 12:00pm noon mass was well attended.

November 11th – Thanksgiving Dinner was a success with over 200+ participated earning our Council \$1,695 in donations.

November 20th – Blood Donation drive had 34 units which included 5 new participates.

Sunday's December 3rd, 10th & 17th – Knights will be selling poinsettias out on the Plaza for \$20/ each. 1st week we sold 66 with \$1,300 worth of donations already. Please sign up to help after your mass.

Sunday December 31st – Corporate Communion Mass at 8:30am. Please attend wearing you Knights gear sitting by the reserved section near the choir.

January 14th, 2024 – Breakfast burrito trial to earn additional donation stream and try something new. Younger Knights preferred (hope that still includes me 2).

Financial Report – Vouchers: \$4,048.62 Receipts: \$2,079.00 Checking: \$12,220.63 General Savings: \$20,507.59 Drawdown: \$29,805.26 Ken Allen Scholarship Fund: \$39,586.86

Membership Report – 3 New Members activated and approved.

Report of the Committees:

Recycling – \$1,167 in total revenue and we could always use help Monday's from 7:00am-8:30am along with any fellow Knights with trucks. If you can't help, please bring your recyclables. No cardboard. If you can't make Monday, we can always use more volunteers throughout the week and after work.

Intellectual Disability (ID) donation drive – Thank you for all your continued donations. Big push into January 2024.

Men's Renewal Weekend Retreat – Saturday March 9th – Sunday March 10th. Preferred Santiago De Compostela parishioners. Meals included. No cost. If you haven't attended, it's highly recommended.

Life of Father Michael J. McGivney no streaming for free on Tubi. Excellent biography on our founding Father.

Insurance Agent Report – Mark Yubeta: Promote policy for your kids. The younger you get a policy, the cheaper the cost of insurance while building cash values and accumulate dividends that grow over time.

District Deputy Dan Hoffman Report:



DECEMBER GENERAL BUSINESS MEETING MINUTES (Cont'd)

Thank you for your generous donations from the CHP in Operation Toys for Tots. Special Olympics to be held twice a year, November and Summer '24. Knights will volunteer to help bag lunch food donations. Holy Trinity church wishes to hold next live Exemplification in January '24.

Shining Armor Award recipient – Ryan Moussavi. Steps to achieve the Shining Armor Award include – Minimum Three Faith in Action Ministry's, Attended at least 3 Council meetings, Attended an Exemplification, Met with Insurance Representative Mark Yubeta and Recruited a new Knight to our Council. Congratulations Ryan! Welcome to the Club!

Brother Mike Sofka is our 1 of 2 Knights of the Month. Member of our Council for 20+ years, 4th degree member and Shining Armor Award recipient. Active member of our Color Corp. Was our Worth Grand Knight for the years 2013/2014 in which he received Star Council then again in 2021/2022. Mike has a passion to participate in the ID Drive, Special Olympics as well as the Day of Sharing. Helped lead the first campus clean up, Camino signage, rebuilt parish hall lighting, installed new video station and got dirty painting the new lettering of our church name facing Lake Forest Drive.

Brother Bob Kupfert is our 2nd Knight of the Month. Excellent cook in the kitchen and makes our Council dining events a success. Gotta try one of his World-Famous Bob's Burger. Proud Dad of his two children Jacob (26 and Julia (22). Both were active in the Summer Vacation Bible program as attendees and later Youth Program Directors. Bob spent several years in the Council Officers Corps, Recording Secretary, Deputy Grand Knight, Grand Knight, and Trustee. Recently enjoyed attending the Men's Welcome Retreat as an attendee and as a Table Leader (Go Team Handsome Table!)

Mike & Erin Ulibarri is our Family of the Month. Mike has been a member of our Council for over 20+ years. Fourth Degree Knight and Shining Armor Award recipient. Grand Knight in 2013 which he achieved Star Council. Mike was Council Treasurer from 2013-2022. Most recently, helped lead in coordination of our first ever campus clean up, Hospitality ministry, and serves on the Financial Council for our parish. Erin is active and servicing as representative with Troop 604 with Santia-go De Compostela. Proud parents of Megan sophomore at El Toro High School and sings in the children's choir and Nathan 8th grader at Serrano Middle School who enjoys volunteer work with his family.

OPERATION SHOEBOX A GREAT SUCCESS !

By: Tom Sixsmith

Although not a Knight's function, but one that has received generous support from our Council, the Operation Shoebox drive this year was a great success. We made over 325 "shoeboxes" for the needy and homeless in our area.

Each box contained essential items such as underclothes, personal hygiene, hats and gloves for the winter season. Thanks to Martie Atkins and Pat Bole who helped deliver the packages to Isahia House in Santa Ana just a few days before Christmas. Laya, who runs the house, was extremely grateful and said the packages were much needed since they had depleted their inventory to support the needs of the community.



Shoeboxes ready to be donated

Thank you Brothers of Council 9487 for your generous support of this ministry.

List of Knight and Family of the Month 2021 - 2024

Knight of the Month

2021

Knight of the Year January February March April May June July August September October November December

2022

Knight of the Year January February March April May June July August September October November December

2023

Knight of the Year

January February March April May June July August September October November December

2024

Knight of the Year January

Stewart Imagawa

Philip Parke George Nothhelfer Bob Morgan Vincent Farro Butch Reyes Stewart Imagawa Jim McCarty Paul Tovar Arturo Gonzalez Richard Ingrassia Ruben Logarta Bob Shoemaker

Mark Angel

Than Duong Andrew Zumkehr Kiet Wu Ryan Moussavi Mark Angel

Rafa Villasenor Deacon Manuel Espitia Angel Garcia James Gilbert German Grepo Mike Sofka/Bob Kupfert

Family of the Month

Barry Lamont Diane & Tom Sixsmith

Weiwei & Tony Quan Cindy & Hector Guzman Teresa & Dave Stokes Father Martin Vu

Elena & John Freeman Francis & Nourry Olmo Erin & Mike Ulibarri Cate & Dennis Fung

Sol & Ovidio Najera Lilly & Wayne Ellis Mary & John Ojeda Judy & Jerry Clements Supporting Wives Knight Alter Servers Marti & Dave Atkins Teresa & Dave Stokes Laura & John Garcia France & Stewart Imagawa Lindsey & Danny Reyes Theresa & Mark Dy-Ragos

David Balen & Family

Dianne & Tom Sixsmith

Alanna & Vincent Farro Denise & Bill Ramires Monica & Alfonzo Jimenez Rhoda & Darwin Yaneza

Carmen & Oscar Mugol Kanoe & Bryan Martin Erin & Mike Ulibarri

Golda & James Kattapurum

GENE GANLEY RECYCLING REPORT

News Worthy Events:



December was OK: \$956 with only three pick-ups.

We put out a new flyer at Lake Forest Mobile Home Park, and should see some increase from this. We also had our Christmas breakfast at Polly's and it was a great success.

We need all of you need to drop off your recyclable aluminum cans, #1 and #2 plastics and your glass. We have a lot of members who can participate in this. They can be dropped off any time, day or night, in the drop off area, which is labelled. It is for a charitable cause.

With COSTS RISING we need all the recyclables we can muster. Please spread the word to your friends and neighbors... It is for a charibable cause. With costs rising we need all the recyclables you can muster, so spread the word to drop off your recyclables any time day or night.

YOU can be a Valuable part of Recycling if you will take some time to answer the needs below:

We are still in need of walkers at the Lake Forest Mobile Home Park and sorters at the barn. There is a lot to sort through and anyone who can come to the barn by 7:30 AM will be greatly appreciated. It only takes about one hour or if you can come for 1/2 hour, we can use you. Anyone that can help us out please contact Hector Guzman at (949)301-6686.

Remember: This is the greatest revenue generator for the council and we want to continue it.

I thank all those who have stepped up to assist us n Monday Morning Recycling. It is greatly appreciated and helps make our program so successful.

Without these dedicated people we would not have a program... Thanks to all of you who contribute (We have a great group of dedicated people who offer their time to those in need) your time to make this program a success. We start at 7AM Monday mornings and finish up around 9AM. Any time you can offer us is appreciated. We need of walkers for the mobile home park at Lake Forest and sorters at the barn. Everyone has a great time and and it is great cameraderie. Several of the group goes to Cocos or Woodys for breakfast after recycling. Please contact Gerry Dubois (949) 500-1064 or Hector Guzman (949) 301-6686 to join the fun. You can learn a lot about recycling.

Vehicle: We are also in need of someone who has a truck and can do pick-ups at the mobile home park from 7AM - 8:30AM on Mondays... Please contact Hector Guzman at (949) 301-6686.

God bless, George Nothhelfer

Monday Morning Crew

Hector Guzman, George Nothhelfer, Mike McCormack, Domingo Roldan, Ricardo Teano, Tony Gionet-Gonzalez, Gerry Dubois, Tim Tunila, Ed Adams, Kiet Wu, Jim McCarty, Bert Dubois, Jay Donahue, Bob Morgan, Roy Reyes, John Ojeda, Bud Givenrod, John Ruelas, Ronnie Almero, France Imagawa. Bernadette Halter, Stuart Imagawa, German Grepo, George Bull, Cindy Guzman, and James Gilbert.

2024 NEW YEAR RESOLUTION SUGGESTIONS

Happy New Year! I hope all of you had a joyous and merry Christmas.

All of us start the new year afresh. We make resolutions. Let's plan now to look back at the end of 2024 and be able to say, "I kept those resolutions to improve myself, to improve my relationship with my family and friends, and my relationship with God!" An improved prayer life is the goal of many. I know I've made that resolution almost every year. Some years I do better than others.

But here are few things I've found about making resolutions that helped me.

First, I don't want to make a resolution that is not possible to keep. I've got to be realistic. I can't go to an extreme. For example, to improve my prayer life, I can't go from praying for 15 minutes in the morning to reading a chapter of the Bible, attending daily Mass, reciting the rosary, and saying the Liturgy of the Hours each day. For me, that's too much of a jump. I'm going to follow that for a day or two and then something will get me off track. Myself, I need to take baby steps. Maybe start with saying the rosary each day. I've got to make my resolution achievable.

The same is true of all those other resolutions we make.

I can't go from being a couch potato to running six miles a day...but I could start by walking a mile each day as an achievable step in that direction.

I can't starve myself trying to lose weight...but I could cut out snacks between meals as a start. Again, an achievable step.

I might want to read more, so I can start by reading a chapter a day in a book.

You get the idea. The resolution has to be reasonable, achievable, and specific.

Now here is one resolution that is reasonable, achievable, and specific: Resolve to meet with me to update the information on your family's financial needs analysis. (Or maybe you need to complete a financial needs analysis.) Let's see where you stand. Your financial health is critical to your family's future security. As your field agent I'm charged to meet with each of my members each year. We can take a look at your goals and aspirations and make sure you're on track to keep your family appropriately protected.

I'll contact you soon to see if an appointment should be our next step.

Vivat Jesus!

Mark Yubeta

Fraternal Insurance Agent

949-322-7266



January Birthdays

- 01 DamHan Le Griffin
- 01 Jaimes Baker
- 02 Jaime Terriquez
- 03 Anthony Gionet-Gonzales
- 05 Golda Kattapuram
- 10 Scott Seamark
- 11 Eduardo Chin
- 11 Norrie Olmo
- 11 Michelle Morissette
- 12 Maurice Blackwelder
- 12 Brian Martin
- 12 Elizabeth DeProspero
- 13 Rafael Villasenor
- 14 Paul Johnson
- 14 Ana Martinez
- 14 William Ramires
- 15 David Herbka
- 15 Constantine Amungwa
- 15 Christina Huh

- 17 Antonio Jacome
- 17 Joseph Tagatac
- 17 April Sonnenberg
- 18 Jun Balba
- 18 Jackie Stashik
- 19 Paul Rymer
- 19 Michael Ulibarri
- 20 Kenneth Willard
- 22 Nancy Marilley
- 24 Judith Clements
- 24 Audrey Machulda
- 26 Richard Pineros
- 27 Juana Baker
- 30 William Marilley
- 30 Joseph Merchant
- 31 Joanne Cashman
- 30 Irene Shields
- 31 Jean Owens

* Denotes Charter Members and their Spouses

January Anniversaries

Georgina L Monet Aquino Josie L Leonard Gribbons Gayle L Mark Peters Maria Rica L Lyndon Galut F.rin J. Michael Ulibarri

Carmen L Eduardo Enriquez Donna L Michael Hinshaw Mello-Lou L Benedict Del Rosario Lisa L Robert Durham

Knights of Columbus 9487 - January 2024 - www.kofc9487.com

COUNCIL 9487 - 2023/2024 OFFICERS











IMAGE

NOT AVAILABLE

INSIDE GUARD Ryan Moussavi ryanmoussavi@gmail.com

323-285-1795

GRAND KNIGHT Dave Atkins

david.atkins@aveva.com

949-521-0335

TREASURER

Stewart Imagawa

simagawa@cox.net

949-689-0473

ADVOCATE

Mark Angel

mangel1985@yahoo.com

949-466-5733

CHANCELLOR

Angel Garcia

angelsgarcia@cox.net

949-633-3893











OUTSIDE GUARD Ben Niewinski ben.niewinski@yahoo.com 949-784-9057

DEPUTY GRAND KNIGHT

Tom Sixsmith

tsixsmith@aol.com

949-500-6358

FINANCIAL SECRETARY

John Blaney

jcblaney@att.net

949-837-4403

RECORDER

Danny Reyes

danny.reyes54@yahoo.com

949-307-1949

WARDEN

Dennis Fung

dfung888@yahoo.com

213-300-4413

LECTURER Pat Larkin patrick@WCInc.onmicrosoft.com 949-813-9217



TRUSTEE (1st Year) John Teeter



jteeter@sbcglobal.net 949-338-7237

TRUSTEE (3rd Year) Ken Breneman kbreneman@cox.net 949-449-3587



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PROGRAM DIRECTOR

Tom Sixsmith

tsixsmith@aol.com

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FAITH DIRECTOR

Tom Haas

thaas42795@aol.com

949-768-2181

FAMILY DIRECTOR

Danny Reyes

danny.reyes54@yahoo.com

949-307-1949

COMMUNITY DIRECTOR

John Blaney

jcblaney@att.net

949-837-4403



Ricardo Teano ricardo8199@att.net 949-632-1961

MEMBERSHIP DIRECTOR



RETENTION CHAIRMAN Ricardo Teano ricardo8199@att.net 949-632-1961



INSURANCE FIELD AGENT Mark Yubetta mark.yubeta@kofc.org 949-322-7266





FR MCGIVNEY GUILD ADV. Rodolpho (Roy) Reyes rreyeseng@gmail.com 949-395-6690

> FOURTH DEGREE Ricardo Teano ricardo8199@att.net 949-632-1961

















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BLOOD DRIVES Jose Lopez lopezjose964@yahoo.com 949-586-6019

DEGREE TEAM Vince Vasquez vinniethehat@icloud.com 949-207-4085

I.D. DRIVE Clete Menke cletemenke@me.com 714-721-0521

NEWSLETTER Steve Grindrod kocnews@bayshaman.com 805-305-1945

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